

TRC North Staffs Cross Country League 2015

Ladies

Name	Cat	Winsford	Stafford	Parkhall	Uttoxeter	No Ran	Total Score	Best 3
Mandy Vernon	W40	3	3	1	2	4	9	6
Deb Thomas	SW	8	8	5	5	4	26	18
Kristina Defries (Dulson)	SW	23	18	13		3	54	54
Kerry Dixon	SW	32	29	29	25	4	115	83
Julia Rigby	W35	54	51	66	81	4	252	171
Tonia Vernon	W40	75	86	64	105	4	330	225
Rose Wilson	W55	106	92	88	75	4	361	255
Jill Phillips	W50	103	106	104	113	4	426	313
Nicola Jennings	W40	141	111		122	3	374	374
Jen Riley	SW	133	125	130	131	4	519	386
Kathryn Ambrose	W35	167	146	135	137	4	585	418
Kerry-Ann Maddock	W35	160	168	171	164	4	663	492
Helen Nicholls	W35	147		146		2	293	0
Lee Lymer	W50	139	175			2	314	0
Ali Lymer	W50	198	208			2	406	0
Wendy Mullineux	SW	4				1	4	0
Jayne Dickens	W40				24	1	24	0
Lynne Callaghan	W40		33			1	33	0
Kerry Widdowson	W40				47	1	47	0
Lucy Corbett	W35	69				1	69	0
Catie Raynor	W40				173	1	173	0

Men

Name	Cat	Winsford	Stafford	Parkhall	Uttoxeter	No Ran	Total Score	Best 3
Vinnie Martin	SM	22	20	9	12	4	63	41
Ian Wilson	SM	48	35	13	20	4	116	68
Lee Ellis	M40	44	42	38	28	4	152	108
Bryn Holmes	M40	102	64	62	33	4	261	159
Ian Cawley	SM	52	57	81	51	4	241	160
Leigh Matthews	SM	68	56	54	58	4	236	168
Scott Minshall	SM	29	49	100	143	4	321	178
Scott Zikmanis	SM		74	77	48	3	199	199
Roger Taylor	SM		72	74	64	3	210	210
Ed Wilson	SM		55	71	96	3	222	222
Terry Wall	M45	108	110	105	102	4	425	315
Paul Burslem	M50		128	125	117	3	370	370
Matt Plant	SM	272	163	187	138	4	760	488
Mark Mayer	SM	204	176	184		3	564	564
Matthew Burley	SM	222		190	176	3	588	588
Lee Jones	M45		198	218	179	3	595	595
Paul Cotterill	M40	231	247	243	201	4	922	675
Malcolm Rushton	M65		291	294	256	3	841	841
Carl Platt	SM			36	26	2	62	0
Richard Longley	M40	79	97			2	176	0
Ian Heath	M45			98	104	2	202	0

Craig Taylor	SM	100	117			2	217	0
Dave Myatt	M60			232	185	2	417	0
Simon Myatt	SM			7		1	7	0
Luke Boulton	SM			11		1	11	0
Stephan Walley	SM			17		1	17	0
Martin Hull	M50	25				1	25	0
Roger Grand	SM			45		1	45	0
Tom Halloway	SM		53			1	53	0
Richard Washington	SM			95		1	95	0
Dan Jordan	M45	112				1	112	0
Glyn Probert	SM		200			1	200	0
Francis Hamlett	M45	210				1	210	0
Greg Julian	M50		213			1	213	0
Graham Sheridan	M40	251				1	251	0
Adam Grew	M41	252				1	252	0
Tony Wright	M60		286			1	286	0
Ken Pearson	M60		290			1	290	0

= counters

Winners

Ladies

1st Mandy Vernon

2nd Deb Thomas

3rd Kristina Defries

W35

1st Julia Rigby

2nd Kathryn Ambrose

3rd Kerry-Ann Maddock

W40

1st Mandy Vernon

2nd Tonia Vernon

3rd Nicola Jennings

W50

1st Jill Phillips

W55

1st Rose Wilson

Men

1st Vinnie Martin

2nd Ian Wilson

3rd Lee Ellis

M40

1st Lee Ellis

2nd Bryn Holmes

3rd Paul Cotterill

M45

1st Terry Wall

2nd Lee Jones

M50

1st Paul Burslem

M65

1st Malcolm Rushton