

TRENTHAM RUNNING CLUB

Page last updated 09 July 2015

Navigation

[Home Page](#)
[About Trentham](#)
[Membership Details](#)
[Training Groups](#)
[Trentham 10](#)
[Dave Clarke 5 K](#)
[Werrington 10K](#)
[Cross Country](#)
[Junior Section](#)
[Older News & Reports](#)
[Club Championships](#)
[Club Records](#)
[Useful Links](#)
[Contact Details](#)
[News & Events](#)

June 2015 Races

June Races (click on the links to go to specific race results)

June started with Chris Holmes again 1st lady at the Carlisle parkrun. The first weekend also saw the 7th NSRRA event at Westbridge with no less than 5 of our runners getting 1st places. Simon Myatt and Mandy Vernon were first male and female runners with Paul Swann 1st MV50, Rob Tabbanor 1st MV55 and Stan Winterton 1st MV70 congratulations to them all. We also had a couple of runners at the Derby Ramathon.

The Summer Series continued at Shutlingsloe on 11th June with more success for Simon Myatt who was 1st, Stephan Walley 3rd, Deb Thomas was 2nd lady and Kevin Finney 1st MV55.

Chris Holmes continued her wins at the Carlisle parkrun.

What happened at Potters Arf?? 72 Trentham runners took part. Simon Myatt was 6th followed by Stephan Walley in 7th place, Bryn Holmes was 1st MV40 and Mandy Vernon 2nd Lady. We also had a few runners going to Liverpool for the Rock n Roll 5k, half and full marathon.

The next Summer series was at Buxton on 18th with Simon Myatt and Deb Thomas again leading the field in the mens and ladies categories and Kevin Finney 1st MV55.

On 21st we had the Stone St Michaels 10k with 40 of our runners taking part. Simon Myatt continued his success with 3rd place, Paul Swan was 1st MV50 and Dan Jordan 1st MV45. Deb Thomas was 3rd lady and Stan Winterton 1st MV70. On the same day Matt Plant ran the Trailblaster 65k and was 2nd overall in 6:19:58.

The Sumer Series at the Roaches was business as usual with Simon Myatt and Deb Thomas again leading the field in the mens and ladies categories and Kevin Finney 1st MV55. Stephan Walley was 2nd overall.

On the final weekend of Parkruns Martin Hull was 3rd at Hanley.

Due to the Berryhill race there were only 4 runners at the time trial on 30th. However those that ran at Berryhill achieved some great results. Simon Myatt was 1st, Paul Swann was 1st MV50, Rob Tabbanor 1st MV55 and Wendy Mullineux was 1st lady. We also had a great turnout in the 2k race by the juniors where 19 of our future stars ran the course out of 51 runners. Olivia Ball had a great run and was 4th overall and 1st girl to finish.

Parkruns

[Hanley 6th](#)
[Hanley 13th](#)
[Hanley 20th](#)
[Hanley 27th](#)
[Carlisle 6th](#)
[Carlisle 13th](#)
[Congleton 6th](#)
[Lyme Park 27th](#)

Other races

[Bowden 5k](#)
[Derby Ramathon](#)
[Dunham Massey 5k](#)
[Hollins Green 5k](#)
[Liverpool Rock n Roll 5k](#)
[Liverpool Rock n Roll Half Marathon](#)
[Liverpool Rock n Roll Marathon](#)
[Passing Clouds](#)
[Trailblaster 6](#)
[Shrewsbury Half](#)
[Sale Sizzler](#)
[South Cheshire 5k Series](#)

NSRRA

[Westbridge 5](#)
[Potters Arf](#)
[Stone St Michaels 10k](#)
[Berryhill 10k](#)
[Berryhill Junior 2k](#)

Summer Series

[Wetton](#)
[Shutlingsloe](#)
[Buxton](#)
[Roaches](#)

Time Trial 30th

Thursday 4th June

Bowdon 5k

Richard Longley 18:02

Summer Series – Wetton

Simon Myatt 38:12 1st

Vinnie Martin 42:40

Dan Jordan 47:08

Deb Thomas 47:13 1st Lady

Kevin Finney 48:08 1st MV55

Lucy Corbett 53:10

Kerry Widdowson 55:07

John Guest 55:07

Brian Tonks 58:10

Glyn Chapman 1:05:50

Saturday 6th June

Carlisle parkrun 6th

Christine Holmes 20:22 1st Lady

Congleton parkrun 6th

Richard O'Keeffe 22:02

Hanley parkrun 6th

Richard Longley 18:32

Jon Bowman 19:04

Bryn Holmes 20:14

Gary Payne 21:16

James Fowler 23:36

Dan Jordan 24:17

Simon Lovatt 24:54

Lee Jones 25:25

Mark Day 25:30

Gillian Lovatt 25:49

Dan Maddock 26:31

Megan Battison 26:32

Millie Holmes 26:36

Guy Forrest-Hay 26:47

Kerry Dixon 26:24

Phil Thomas 28:26

Paul Cotterill	28:27
Tonya Vernon	31:38
Kathryn Ambrose	31:58
James Maddock	32:26
Kerryann Maddock	32:32
Linsey Wild	36:03
Susan Gallagher	36:57

Sunday 7th June

Ramathon Half Marathon

Craig Taylor	1:22:25
Scott Zikmanis	1:22:48

Westbridge 5

Simon Myatt	27:35	1 st
Carl Platt	28:50	4 th
Bryn Holmes	29:40	8 th
Paul Swan	30:10	1 st MV50
Mandy Vernon	30:25	1 st Lady
Scott Minshall	31:09	
Terry Wall	31:36	
Chris Mosiuk	32:28	
Rob Tabbanor	33:03	1 st MV55
John Guest	33:31	
Mark Mayer	34:29	
Dan Jordan	34:35	
Stan Winterton	35:44	1 st MV70
Bob Hardy	36:42	
Kerry Widdowson	36:56	
Jodie Rock	39:22	
Julia Rigby	39:26	
Alan Lewis	40:26	
Malcolm Rushton	44:41	
Lee Lymer	51:17	
Alli Lymer	58:28	

Thursday 11th June

Summer Series – Shuttingsloe

Simon Myatt	24:53	1 st
Stephan Walley	25:27	3 rd
Deb Thomas	30:55	2 nd Lady
Kevin Finney	32:13	1 st MV55
Richard Chadwick	32:29	
John Guest	33:29	
Kerry Widdowson	35:35	
Tonia Vernon	37:29	
Lucy Corbett	40:44	

Dunham Massey Park 5k

Carl Platt	17:25	9 th
Richard Longley	18:35	

Saturday 13th June

Carlisle parkrun 13th

Christine Holmes	19:40	1 st Lady
------------------	-------	----------------------

Hanley parkrun 13th

Jodie Rock	23:14
Lee Jones	23:30
Paul Cotterill	25:37
Kerry Dixon	25:38
Graham Sheridan	27:05
Phil Thomas	29:07
Emily Smith	31:46

Hollins Green 5k

Carl Platt	17:13
Richard Longley	18:09

Liverpool Rock n Roll 5k

Sharon Willis	23:53
---------------	-------

Sunday 14th June

Passing Clouds

Ruth Barry	1:27:54
Matt Plant	1:38:57

Potters 'Arf

Simon Myatt	1:15:38	6 th
Stephan Walley	1:17:47	7 th
Bryn Holmes	1:21:55	1 st MV40
Scott Zikmanis	1:23:05	
Paul Swan	1:23:08	
Mandy Vernon	1:23:49	2 nd Lady
Dan Jordan	1:24:59	
Scott Minshall	1:25:40	
Leigh Matthews	1:26:04	
Deb Thomas	1:27:10	
Nasar Rafiq	1:27:37	
Andrew Northwood	1:27:59	
Jon Bowman	1:28:19	
Paul Burslem	1:28:22	
Richard Longley	1:29:10	
Wendy Mullineux	1:29:30	
Terry Wall	1:29:46	
Rob Tabbanor	1:32:34	
Chris Mosiuk	1:34:03	
Mark Gorton	1:35:18	
John Guest	1:35:37	
Dave Weldon	1:35:48	
Phil Fortun	1:36:09	
Francis Hamlett	1:36:18	
Stan Winterton	1:37:28	
Gary Payne	1:38:27	
Warren Thomas	1:39:22	
Mark Mayer	1:39:42	
Bob Hardy	1:40:56	
Guy Priest	1:40:52	
Dan Ison	1:41:04	

Lucy Corbett	1:40:58
Dave Pickstock	1:41:25
Glynn Probert	1:41:28
Sarah Taylor	1:41:37
Kerry Dixon	1:42:33
Dan Cawley	1:43:28
Phil Pinson	1:44:56
Alistair Wilkins	1:45:52
Joel Harrison	1:45:54
Shaun Weston	1:46:14
Paul Cooper	1:46:36
Alan Lewis	1:51:11
Walter Mosiuk	1:52:29
Julia Rigby	1:52:50
James Williams	1:54:41
Tom Davis	1:55:12
Graham Sheridan	1:55:13
Lee Jones	1:55:33
Matt Burley	1:55:29
Paul Orry	1:55:59
Dennis Hughes	1:55:52
Peter Clarke	1:56:38
Samantha Hall	1:58:05
Steven Farmer	1:58:46
Kerry Taylor	1:58:56
Craig Taylor	1:58:58
Lauren Gallagher	1:59:06
Camille Smyth	1:59:19
Catie Lantsbery	2:05:41
Claire Stubbs	2:09:33
Malcolm Rushton	2:09:38
Ken Bloor	2:12:10
Dan Maddock	2:13:43
Jen Riley	2:13:44
Dave Piper	2:13:58
Liz Rowley	2:18:34
Rebecca Davis	2:18:34
Jag Chahal	2:20:59
Simon Davis	2:22:41
Jacquie MacPhail	2:25:22
Lisa Foxhall	2:32:01

Liverpool Rock n Roll Half Marathon

Lee Lymer	2:14:12
Alli Lymer	2:54:53

Liverpool Rock n Roll Marathon

Sharon Willis	4:17:20
---------------	---------

Thursday 18th June

Summer Series – Buxton

Simon Myatt	27:32	1 st
Deb Thomas	32:02	1 st Lady
Dan Jordan	32:20	
Kevin Finney	34:27	1 st MV55
John Guest	35:16	
Lucy Corbett	38:10	
Kerry Widdowson	38:16	

Saturday 20th June

Hanley parkrun 20th

Leigh Matthews	19:23
Bryn Holmes	20:26
Richard Longley	23:05
Tonia Vernon	23:13
Jon Bowman	23:33
Gary Payne	23:34
Millie Holmes	25:05
Lucy Corbett	25:38
Phil Thomas	28:10
Graham Sheridan	29:20
Kathryn Ambrose	35:14
Megan Battison	40:31
Kaye Morrissey	42:16
Mark Mayer	42:20

Sunday 21st June

Stone St Michaels 10k

Simon Myatt	33:39	3 rd
Stephan Walley	34:24	7 th
Carl Platt	34:59	
Bryn Holmes	36:28	
Scott Zikmanis	37:12	
Paul Swann	37:17	1 st MV50
Richard Longley	37:46	
Dan Jordan	37:50	1 st MV45
Ian Wilson	38:06	
Terry Wall	38:47	
Jon Bowman	39:13	
Deb Thomas	39:22	3 rd Lady
Paul Burslem	39:27	
Chris Mosiuk	39:45	
Rob Tabbanor	40:06	
Phil Fortun	42:13	
Mark Mayer	42:27	
Dave Weldon	42:50	
Gary Payne	43:34	
Dan Ison	43:37	
Sarah Taylor	44:07	
Stan Winterton	44:10	1 st MV70
Bob Hardy	44:27	
Kerry Widdowson	44:52	
Kerry Dixon	45:31	
Paul Cotterill	47:04	
Ken Bloor	47:21	
Jodie Rock	48:07	
Walter Mosiuk	50:51	
Lee Jones	50:52	
Lauren Gallagher	50:52	
Kirsten Owen	50:51	

Kerry Taylor	52:00	
Jen Riley	54:01	
Camille Smyth	54:02	
Chris Tipper	56:17	
Helen Nicholls	56:59	
Kathryn Ambrose	58:41	
Lee Lymer	1:04:31	
Alli Lymer	1:10:47	
Trailblaster 6		
Matt Plant 65k	6:19:58	2 nd
Shrewsbury Half		
Ian Cawley	1:19:28	
Thursday 25th June		
Summer Series – The Roaches		
Simon Myatt	37:30	1 st
Stephan Walley	38:07	2 nd
Vinnie Martin	40:51	
Dan Jordan	44:14	
Deb Thomas	44:15	1 st Lady
Kevin Finney	45:59	1 st MV55
Kerry Widdowson	52:15	
Lucy Corbett	53:11	
John Guest	54:43	
Tonia Vernon	56:30	
Sale Sizzler		
Carl Platt	16:46	
Terry Wall	18:29	
Saturday 27th June		
Hanley parkrun 27th		
Martin Hull	18:10	3 rd
Gary Payne	21:03	
Mark Mayer	22:09	
Joel Harrison	23:36	
Millie Holmes	24:27	
Lucy Corbett	24:44	
Shaun Weston	25:27	
Kathryn Ambrose	31:37	
Lee Lymer	32:51	
Kaye Morrissey	40:02	
Lyme Park parkrun 27th		
Mark Day	24:44	
Tuesday 30th June		
Time Trial 30th		
Barry Smith	11:22	
Christina	11:46	
Deb Thomas	12:43	
Stephen Burrowes	12:55	
South Cheshire 5k Series		
Brian Tonks	23:07	
Kirsten Owen	26:08	
Berryhill 10k		
Simon Myatt	35:53	1 st
Scott Zikmanis	39:12	4 th
Ian Cawley	39:18	5 th
Paul Swan	39:39	1 st MV50
Richard Longley	40:21	
Wendy Mullineux	41:29	1 st Lady
Terry Wall	41:55	
Scott Minshall	42:15	
Dave Pickstock	43:04	
Rob Tabbanor	43:18	1 st MV55
Chris Mosiuk	44:07	
Dave Weldon	44:31	
Phil Fortun	44:52	
Ken Bloor	47:30	
Dan Ison	47:33	
Sarah Taylor	47:37	
Bob Hardy	47:45	
Stan Winterton	47:52	
John Guest	48:09	
Kerry Widdowson	48:39	
Paul Cotterill	51:37	
Bryn Holmes	55:13	
Lauren Gallagher	56:11	
Alan Lewis	56:44	
Matt Burley	63:26	
Malcolm Rushton	67:20	
Kerry Taylor	69:13	
Jacquie MacPhail	70:23	
Lee Lymer	74:42	
Berryhill Junior 2k		
Olivia Ball	10:04	1 st F
Beka Yendole	11:46	
Jennifer Bates	11:53	
Ellie Bloomer	13:10	
Tasmin Burley	14:00	
Jacob Turner	14:40	
Lewis Dono	14:49	
Ella Jones	15:17	
Myles Hubbard	15:29	
Isobel Bloomer	15:44	
James Maddock	16:10	
Olivia Dove	16:29	
Abi Yendole	17:40	
Paige O'Reilly	18:14	
Chelsea Burley	19:59	