

TRENTHAM RUNNING CLUB

Page last updated 21 January 2015

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We had over 250 runners shown in the July race results with nearly 25 first place in events or age groups, well done to you all.

A good start to August with Dave Pickstock 1st in the Hanley Parkrun and Bryn Holmes 2nd in the Humber Bridge parkrun, both on 2 August..

At Meerbrook, Mandy Vernon was 1st F40, John Corbett 1st M65 and Alan Lewis 1st M70. Matt Plant also completed the 30m Peak Sky race in 5:49:21

Carl Platt 2nd at Hanley Parkrun on 9 August with PB's for Leigh Matthews and Alli Lymer.

At Hanley Parkrun on 16 August Scott Minshall was 1st overall, with a new PB for James Williams at 24:35,

Some excellent runs at the Leek Half. Simon Myatt was 2nd overall in 1:18:08 with Paul Clinton 1st V45, John Corbett 1st V65, Stan Winterton 2nd V65, Alan Lewis 1st V70, Jill Phillips 3rd L50. In the Team events Trentham men were 1st with the the Ladies team of Judy, Jill and Lucy 3rd. Well done ladies.

A few intrepid Trentham runners raced the train in Wales and they all managed to beat the train. Well done!

A great turnout for the Dave Clarke 5. 30 Trentham runners completed the club race which supports the juniors. Mandy Vernon was 1st lady with Simon Myatt 3rd.

The month finished with some awesome performances. Stephan Walley and Simon Myatt finishing 1st and 2nd at the Burton 10k, Kerry Dixon with a PB at the Hanley Parkrun, Dave Myatt 1st V60 at Il Millas de Montuiri 3k race, Mandy Vernon 1st lady at South Cheshire 5k, Dave Pickstock 3rd at Rugeley 10k and Scott Zikmanis a PB at the Blackpool Half!!!

Well done to everyone who took part in an event.

NSRRA Races

[Meerbrook 15](#)

[Leek Half](#)

[Dave Clarke 5](#)

Parkruns

[Hanley 2 August](#)

[Hanley 9 August](#)

[Hanley 16 August](#)

[Hanley 23 August](#)

[Hanley 30 August](#)

[Kingsbury Water Parkrun 2 Aug](#)

[Humber Bridge 2 Aug](#)

[Kingsbury Water parkrun 9 Aug](#)

[Congleton 23 Aug](#)

[Kingsbury Water parkrun 23 August](#)

[Congleton 30 Aug](#)

[Peter Pan](#)

[Kingsbury Water parkrun 30 Aug](#)

Other races

[Indian Queen's HM](#)

[Peak Sky Race 30m](#)

[Buxton Pavillion Gardens 5k](#)

[Pies And Peas 5](#)

[Cannock Chase 10k](#)

[Tour of Bradwell](#)

[Race the Train](#)

[Belper Rugby Rover](#)

[Ellesmere 10k](#)

[Chesterfield Community 10k](#)

[Il Millas de Montuiri 2014 3k](#)

[Rugeley 10k](#)

[South Cheshire 5k Series](#)

[Blackpool Half marathon](#)

[Burton 10k](#)

Saturday 2nd August

Hanley parkrun 2 Aug

Dave Pickstock	18:04	1 st	August Races
Dan Jordan	19:16		
Andy Vickerman		22:25	
Phil Thomas	24:15		
Lucy Corbett	24:25		
James Williams	24:58		
Jazmine Carruthers		29:44	
Paul Cotterill	29:45		

Kingsbury Water parkrun 2 Aug

Rachel Hallett	28:46	
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Humber Bridge parkrun

Bryn Holmes	19:21	2 nd
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Meerbrook 15

Simon Myatt	55:59	5 th
Craig Taylor	1:01:20	
Mandy Vernon	1:01:37	1 st F40
Ian Wilson	1:01:46	
Paul Clinton	1:06:21	
Terry Wall	1:07:08	
John Corbett	1:07:45	1 st M65
Barry Smith	1:09:55	
Dylan Morrey		
Ken Bloor	1:11:25	
Lee Jones	1:11:28	
Dan Cawley	1:12:03	
Vicky Norton	1:14:03	
Stan Winterton	1:15:37	
Kerry Widdowson		1:15:54
Rose Wilson	1:18:55	
Graham Sheridan		1:19:26
Dave Piper	1:20:59	
Glynn Probert	1:21:54	
Mark Birchall	1:22:38	
Alan Lewis	1:23:28	1 st M70
Joel Edwards	1:24:40	
Catie Lantsbery	1:31:41	
Malcolm Rushton		1:35:37
Lee Lymer	1:40:03	

Sunday 3rd August**Indian Queen's HM**

Rich Longley	1:44:58	
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Peak Sky Race 30m

Matt Plant	5:49:21	
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Wednesday 6th August**Pies And Peas 5**

Sam Newton	32:50	
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Saturday 9th August**Buxton Pavillion Gardens 5k**

Ed Wilson	19:10	
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Hanley parkrun 9 Aug

Carl Platt	18:06	2 nd
Leigh Matthews		18:32 PB
Dave Pickstock	18:39	
Matt Burley	23:07	

Lucy Corbett 23:39 PB
 Paul Cotterill 24:19 PB
 Kirsten Owen 26:09
 Graham Sheridan 26:39
 Glynn Probert 26:39
 Lee Lymer 30:49
 Millie Holmes 31:53
 Bryn Holmes 31:54
 Alli Lymer 35:25 PB
 Jazmine Carruthers 38:36

Kingsbury Water parkrun 9 Aug

Rachel Hallett 26:58

Sunday 10th August

Cannock Chase 10k

Lee Ellis 39:16 4th

Long Tour of Bradwell

Janson Heath 6:06:14

Half Tour of Bradwell

Lisa Heath 3:05:33

Saturday 16th August

Hanley Parkrun 16 Aug
 Scott Minshall 17:46 1st
 Glynn Probert 23:32
 Terry Wall 23:32
 Phil Thomas 23:33
 Lee Jones 23:55
 James Williams 24:35 PB
 Leigh Matthews 24:41
 Kirsten Owen 24:46
 Paul Cotterill 26:55
 Andy Vickerman 37:51
 Jazmine Carruthers 38:49
 Kaye Morrissey 40:23
 Lucy Corbett 40:24

Race the Train

Ed Wilson 5th in 10k
 Dave Pickstock 1:36
 Scott Zikmanis 1:38
 Matt Plant 1:42
 Christine Holmes 1:47

Sunday 17 August

Belper Rugby Rover 30k
 Debbie Thomas 2:31:46
 Dan Jordan 2:26:31

Leek Half

Simon Myatt 1:18:08 2nd overall
 Craig Taylor 1:25:40
 Leigh Matthews 1:27:50
 Paul Clinton 1:30:35 1st V45
 Terry Wall 1:32:34
 John Corbett 1:33:54 1st V65
 Matthew Plant 1:36:03
 Richard Longley 1:36:59
 Dan Cawley 1:37:06
 Lee Jones 1:37:29
 Dale Colclough 1:38:12
 Barry Smith 1:38:24
 Paul Burslem 1:39:20
 Ken Bloor 1:39:48
 Stan Winterton 1:43:09 2nd V65

Mark May 1:47:33
 Jodie Rock 1:48:47
 Jill Phillips 1:50:29 3rd L50
 Paul Orry 1:52:02
 Lucy Corbett 1:53:00
 Alan Lewis 1:57:32 1st V70
 Catherine Lantsbery 2:12:12
 James Fowler 2:18:22
 Malcolm Rushton 2:20:00
 Lee Lymer 2:34:27

Team Prizes

Men 1st

Ladies 3rd

Thursday 21st August

Dave Clarke 5

Simon Myatt 16:55 3rd
 Scott Minshall 17:42 5th
 Lee Ellis 17:57 7th
 Scott Zikmanis 18:12 8th
 Dave Pickstock 18:24 10th
 Mandy Vernon 18:49 1st Lady
 Kevin Finney 20:30
 Francis Hamlett 20:40
 Lee Jones 20:44
 Dale Colclough 21:00
 Paul Thomas 21:11
 Glynn Probert 21:55
 Vicky Norton 22:16
 Kerry Dixon 22:16
 Matt Burley 22:18
 Ken Bloor 22:22
 Joel Edwards 22:33
 Jodie Rock 22:58
 Rose Wilson 23:16
 Simon Lovatt 23:33
 Dave Wheatley 23:37
 Phillip Pinson 24:33
 Harry Julian 24:37
 Alan Lewis 25:35
 David Piper 27:19
 Kerry Taylor 27:54
 Lee Lymer 29:10
 Alison Bradeley 30:14
 Ali Lymer 34:43
 Terry Wall 48:41

Thursday 21st August

Il Millas de Montuiri 2014 3k

David Myatt 14:24 1st V60

Saturday 23rd August

Congleton parkrun

Helen Nicholls 27:06
 Lisa Grosvenor 35:17

Hanley parkrun 23 August

Richard Longley 19:31
 Lee Jones 20:28
 Dennis Frain 20:41
 Jodie Rock 22:26
 Lucy Corbett 23:54
 Kerry Dixon 24:03
 Paul Cotterill 25:58
 Lee Lymer 27:26
 Yasmin Sharif 28:12
 Emily Smith 28:32
 Kaye Morrissey 40:15

Kingsbury Water parkrun 23 August

Rachel Hallett 27:29

Sunday 24th August

Ellesmere 10k

Stephan Walley 34:52
 Scott Minshall 36:52
 Scott Zikmanis 36:56
 Kirsten Owen 53:07
 Emily Smith 59:16

Monday 25th August**Chesterfield Community 5k**

Simon Myatt 16:27 2nd

Monday 25th August**Rugeley 10K**

Dave Pickstock 36:09 3rd
 Tom Halloway 36:51 5th
 Pete Nicholson 38:03 6th
 Matt Plant 40:13
 Scott Zikmanis 40:52
 Paul Orry 44:15
 Brian Tonks 45:50

Friday 29th August**South Cheshire 5k Series**

Mandy Vernon 18:13 1st Lady
 Craig Taylor 18:14
 Sam Newton 18:52

Saturday 30th August**Congleton parkrun 30**

Ed Wilson 18:38 7th

Hanley parkrun 30 August

Jon Bowman 19:29 9th
 Kerry Dixon 21:32 (PB)
 Paul Orry 21:57
 Lee Jones 23:34
 Mark Mayer 24:00
 Glynn Probert 24:03
 Graham Sheridan 24:04
 Rich Longley 24:05
 Terry Jukes 24:55
 Lucy Corbett 25:04
 Paul Cotterill 25:05
 Gillian Lovatt 25:28
 Simon Lovatt 25:31
 Emily Smith 28:38
 Yasmin Sharif 30:41
 Andy Vickerman 37:14

Peter Pan parkrun

Phil Thomas 36:16

Kingsbury Water parkrun 30 August

Rachel Hallett 33:22

Sunday 31st August**Blackpool Hilton Half Marathon**

Scott Zikmanis 1:24:07 (PB) 10th
 Mark Mayer 1:39:43

Burton 10k

Stephan Walley 34:45 1st
 Simon Myatt 34:59 2nd

